

## **Luke 24:36-48 - Jesus Appears to His Disciples**

(from the New Revised Standard Version)

While they were talking about this,  
Jesus himself stood among them  
and said to them, "Peace be with you."

They were startled and terrified,  
and thought that they were seeing a ghost.  
He said to them, "Why are you frightened,  
and why do doubts arise in your hearts?  
Look at my hands and my feet;  
see that it is I myself.  
Touch me and see;  
for a ghost does not have flesh and bones as you see that I have."

And when he had said this,  
he showed them his hands and his feet.  
While in their joy they were disbelieving and still wondering,  
he said to them, "Have you anything here to eat?"  
They gave him a piece of broiled fish,  
and he took it and ate in their presence.

Then he said to them, "These are my words that I spoke to you while I was still with you— that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled."

Then he opened their minds to understand the scriptures,  
and he said to them, "Thus it is written,  
that the Messiah is to suffer and to rise from the dead on the third day,  
and that repentance and forgiveness of sins is to be proclaimed in  
his name to all nations, beginning from Jerusalem.  
You are witnesses of these things.

Upcoming Things of Interest		
Wed, April 21	11 am	Webinar – Sacred Ground, A Message of Hope (see note page 3)
Thurs, April 22	4 pm	<b>Mother Earth Day</b> , April 22, 4:00 PM PDT over ZOOM (see page 6)
Sat, April 24	1030-noon	Connections – a social gathering for women (see page 4)
Sat, April 24	1 pm	Zoom – Session 1 – gardening – pre-register (see note page3)
Thurs, May 13	7 pm	Zoom – Session 2 – gardening – pre-register (see note page 3)
Fri, May 14	All day	Braeburn Camp Clean-up
Sat, May 15	Afternoon	In-person – plant sale at the church (see note page 6)
Sat, May 15	All day	Braeburn Camp Clean-up

## **NOTICE: Bev will be on vacation until mid-week.**

**For pastoral care** that you can't give to one another, you can contact The Rev. Bert Chestnut, from Christ Church Cathedral. He has graciously agreed to cover for me for pastoral emergencies.

His office is 668-5530, where you will get a hold of either Bert himself, or Monica the office administrator, or you can leave a message, and he will get back to you as soon as he can.

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Did you too see it, drifting, all night, on the black river?  
Did you see it in the morning, rising into the silvery air -  
An armful of white blossoms,  
A perfect commotion of silk and linen as it leaned  
into the bondage of its wings; a snowbank, a bank of lilies,  
Biting the air with its black beak?  
Did you hear it, fluting and whistling  
A shrill dark music - like the rain pelting the trees - like a waterfall  
Knifing down the black ledges?  
And did you see it, finally, just under the clouds -  
A white cross Streaming across the sky, its feet  
Like black leaves, its wings Like the stretching light of the river?  
And did you feel it, in your heart, how it pertained to everything?  
And have you too finally figured out what beauty is for?  
And have you changed your life?  
– Mary Oliver, *Swan: Poems and Prose Poems*



## Could this be you?

**Chair, Finance Committee - Could this be you?** As many of you will know, Jennifer Moorlag and her husband, Barry Waitt, are moving from the territory this summer. Jennifer has served as Church Treasurer and Finance Committee Chair and Co-Chair for several years. A wonderful person has stepped forward to take on the Treasurer role! We are now seeking a Finance Committee Chair. The role is truly that of committee chair - calling and chairing meetings, developing meeting agendas, working with other church committees and with the Treasurer and Finance Committee.

Jennifer is happy to chat about the role - time commitment, tasks and the AWESOME people that are all staying on Finance Committee. Call (333-0228) or email ([jennifermoorlag@gmail.com](mailto:jennifermoorlag@gmail.com)) for more info.

## Coming up . . . Register ahead of time

### WEBINAR

**Wednesday, April 21 at 11am Pacific/ IPL will also host a webinar “Sacred Ground, a Message of Hope.”** We’ll have a conversation with Kiss the Ground filmmaker, Josh Tickell, and Faith in Place’s Statewide Outreach Director, Veronica Kyle, on what congregations can do to be part of the solution to food justice and climate justice. **When you register to view the film, you will also receive the Zoom link to join the webinar.** Contact Sarah for more information at [programs@interfaithpowerandlight.org](mailto:programs@interfaithpowerandlight.org).

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### Seedling Plant Workshop:

Are you getting excited about your garden? Thinking of growing more of your own seedlings this year to transplant into your garden? Have you questions about how to improve your success with transplants? This is the workshop for you! This two-part workshop will consist of a 2-hour Zoom session on **Saturday, April 24th (1 pm)** and another 2-hour Zoom session on Thursday, May 13th (7 pm). We will go over how to be more successful in seeding and caring for your transplants as well as moving them into the garden. We give you supplies to start a batch of salad greens. Join Stephanie Starks and Diane Emond. Cost: \$20 (supplies). **Let Diane know if you would like to register at [emond.diane@gmail.com](mailto:emond.diane@gmail.com).**

**NEW** - *Open Invitation to Women of Whitehorse United Church.....*

The next **Connections** gathering will be **April 24, 1030 to 1200** at Whitehorse United Church Lewis Hall. Women of Whitehorse United church are welcome to come out, join in the chit chat and re-Connect with our church family. We will observe the COVID 19 safety recommendations.

Please defer attending if you:

- are sick;
- have been in contact with someone diagnosed with COVID-19; or
- have travelled to an area which requires self-isolation on return.

Otherwise.....

- please wear a non-medical mask until you are seated
- sanitize your hands upon entry to the hall
- chairs will be 6 feet apart (sorry ladies, no mingling and laughing in the kitchen)
- we are not permitted to share food; please bring your tea or coffee in your travel mug and a snack if you choose
- please bring a project if you wish... or not... some of us just like to chat
- unfortunately we cannot offer childcare
- list of all attendees will be maintained

Any questions please call Beth at 633-2710.

## And another poem about swans ...

The trees are in their autumn beauty,  
The woodland paths are dry,  
Under the October twilight the water  
Mirrors a still sky;  
Upon the brimming water among the stones  
Are nine-and-fifty swans.

The nineteenth autumn has come upon me  
Since I first made my count;  
I saw, before I had well finished,  
All suddenly mount  
And scatter wheeling in great broken rings  
Upon their clamorous wings.

I have looked upon those brilliant creatures,  
And now my heart is sore.  
All's changed since I, hearing at twilight,  
The first time on this shore,  
The bell-beat of their wings above my head,  
Trode with a lighter tread.

Unwearied still, lover by lover,  
They paddle in the cold  
Companionable streams or climb the air;  
Their hearts have not grown old;  
Passion or conquest, wander where they will,  
Attend upon them still.

But now they drift on the still water,  
Mysterious, beautiful;  
Among what rushes will they build,  
By what lake's edge or pool  
Delight men's eyes when I awake some day  
To find they have flown away?

- W. B. Yeats

**NEW - Mother Earth Day**, April 22, 4:00 PM PDT. [Click here](#) for the Zoom Link.

International Mother Earth Day was established in 2009 by the United Nations General Assembly to promote and reflect upon the interdependence that exists among human beings, other living species and the planet we all inhabit. With the rise of climate impacts, we see the need to balance our interests and our way of life with the Creation all around us. Indeed, we can see the global pandemic as a result of our activities in the world today. Join us as we gather for prayers and ceremony for Makoche (Mother Earth).

*Editor addition: The name **Makoché** comes from the Lakota word for earth: maka. There is no English equivalent. The name refers to the land, to family, and the interdependency of all living things.*

**NEW - Nature Journaling.** Tuesdays, 7:00 – 8:30 pm PDT (May 4, 11, 18, 25), online. Let us help you connect in a deeper way with creation and awaken your creativity and your sense of wonder. Writing is always an adventure; you never know where you will end up or what you will discover in the process.

During this program, you will gain some new journal tools and connect with an incredible community of like-minded souls. You'll be encouraged to get outside, whether it's on your balcony, or in the park, or somewhere in the wild and just be. No one will have a journal just like you. We'll share and support each other as we give voice to our discoveries in nature. Led by WayPoint's Director, Rev. Sue Rodgers. [Click here](#) (CTRL + Click) for more information and **to register**.

*WayPoint Centre for Spiritual Growth is an initiative of the Leadership Church Planting Project (Pacific Mountain Region) and is an emerging ministry of Eagle Ridge United Church, Coquitlam, BC*

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## Plant Sale:

Just want to let you know that the bedding plant sale this year will go ahead on the afternoon of **Saturday May 15<sup>th</sup> at the church**. If you are able and willing, you are welcome to contribute plants. Popular items have been tomato plants, other vegetables, herbs and flowers. Contact Diane if you have any questions or are planning to contribute plants at [emond.diane@gmail.com](mailto:emond.diane@gmail.com).

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April 7, 2021

## Dempster Walk-a-thon to Support the Yukon Anti-Poverty Coalition

Members of the Yukon Anti-Poverty Coalition (YAPC) are excited to announce a fundraiser that will be taking place over the month of April. Patrick Jackson will be walking from the Dempster Corner to the Arctic Circle with the hope of increasing awareness and raising funds for the Yukon Anti-Poverty Coalition. The journey, which begins on Monday, April 12 and spans 405 km, is expected to take 17 to 21 days. Jackson will be completely self-supported, his only companion for the journey will be Dawson the dog.

"When I started preparing for this trip I wondered if there was a way that the trip could benefit more than just me," says Jackson. "I have had the great pleasure in the past of working with the Yukon Anti-Poverty Coalition and so reached out and here we are today." Jackson was introduced to YAPC as the previous owner of Changing Gear providing unsold winter clothing to the Coalition for distribution at Whitehorse Connects.

"We are so pleased to continue working with Patrick," says Executive Director Kristina Craig. "He has suggested that YAPC is an integral resource in the community so this is a real show of support for the work we do." Adds Craig, "we really are blown away that Patrick has turned his walk into a fundraiser for us AND that he is fully funding his whole trip. We'll be with him and Dawson the dog for every step!"

The Yukon Anti-Poverty Coalition facilitates the elimination of poverty in the Yukon through awareness, advocacy, education, community building and action. Donations will contribute to Whitehorse Connects, Voices Influencing Change, and the Backyard Garden at 509 Hanson Street. For more information on the work of YAPC, please visit our website at [www.yapc.ca](http://www.yapc.ca).

To make a donation you can visit the fundraising page <https://go.doiigev.io/dempsterwalkathon>

To follow the progress of the journey you can follow us on Instagram @dempsterwalkathon

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Patrick Jackson – (867) 335-3059

Kristina Craig, YAPC Executive Director – (867) 334 9318

**Box 31230, Whitehorse, Yukon Y1A 4P7**

**(867) 334 9317 or [info@yapc.ca](mailto:info@yapc.ca)**

***YAPC's Vision: that all people in the Yukon live in an inclusive community free from poverty where diversity is respected and human rights are upheld.***

## UPDATE - Climate Change

Last year the Yukon Government released the first document of its kind, Our Clean Future, with a plan to significantly reduce Yukon's greenhouse gas emissions in alignment with the Paris Accord. WUC in the World reviewed this over several months in the fall.

The City of Whitehorse also released a report on its greenhouse gas emissions (Corporate Greenhouse Gas Emissions Report, updated version in June 2020) and WUC in the World reviewed this.

Following our recommendations, Whitehorse United sent letters with comments and suggestions to the Yukon Government and City of Whitehorse. We are just forwarding links to the letters and responses received for your

information: <https://onedrive.live.com/?authkey=%21AENGE6yVV6vHyoM&id=4C8F4F15281F058C%212570&cid=4C8F4F15281F058C>

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**SPRING CLEANING** - Carlos Sanchez is available for spring cleaning contracts: homes or businesses - you'd better book him fast!

[carsanagui@gmail.com](mailto:carsanagui@gmail.com)



## WUC in the World Events & Info ....

For Lent this year we chose as our theme "One with the earth". This interfaith initiative rhymes with our theme and our growing awareness of the sacredness of the soil, including all living beings. Check out this opportunity below.

What if there was a simple solution that could help balance our climate, replenish our freshwater supplies, and feed the world? That solution is right under our feet.

**Registration is now open to view this year's featured film, *Kiss the Ground***, as part of your events for Faith Climate Action Week's theme of "Sacred Ground: Cultivating Connections Between our Faith, our Food, and the Climate" (April 16 – 25). [Register to view the film here.](#)

*Kiss the Ground* is a new film how about how regenerating the world's soils has the potential to rapidly stabilize Earth's climate, restore lost ecosystems, and create abundant food supplies. This film explains why transitioning to regenerative agriculture could be key in rehabilitating the planet, while simultaneously invigorating a new sense of hope and inspiration in viewers.

[Watch the trailer and register to view the film here.](#)

Thanks to a special arrangement with Kiss the Ground and Ro\*co films, IPL will offer a free online viewing period for home viewing from April 10 through April 26. All viewers must register with IPL. Once you register you will receive a link-to-view for three different versions—the full-length film (84 minutes), a grower version (45 minutes), and an educational version for schools (45 minutes.)

**Please [share the link to register](#).** (not the "link to view") That way we can get an approximate count of viewers to THANK Kiss the Ground and Ro\*co films for this fabulous opportunity.

[Download the free screening kit](#) that includes faith-based discussion questions on the film page, and host a film discussion with your congregation. [DVDS of Kiss the Ground are still available.](#)

# INCOME TAX CLINIC

DUE TO COVID RESTRICTIONS:

**BY APPOINTMENT**

*OR*

**DROP OFF ONLY**

**For appointment call: 383-8320**

**Open: Wednesdays, 1 – 3:30p.m.**

**Throughout March and April**

**311 Black Street (SA Building)**

**Please bring:  
photo identification and all T slips**

## Help is available in the community

### It's tax time again ... CRA help available

Do you need help with specific benefit or tax return issues? Call the CRA's Yukon Outreach Office at 1-833-615-2383 for assistance (you'll have to leave a voice mail).

For general tax / benefit queries or to receive a mailed copy of your Notice of Assessment, call the Northern Residents dedicated phone line at 1-866-426-1527 (only works for people calling from the 867 area code).

Service Canada provides in-person service to the public, Monday to Friday, at the Elijah Smith Building, main floor. If you or someone you know has a low income, check out the clinics offered by the Victoria Faulkner Women's Centre (women only) and Salvation Army ([poster](#)). April 30 is the deadline for filing your tax return.

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- **Yukon 211** -- Information and referral service for health, social and other government services. Confidential, free, available 24/7 in 150+ languages. Dial 2-1-1 ([LINK](#))
  - **Reach Out Support Line** -- Volunteer-based, confidential, non-judgmental and free support line organized by CMHA Yukon. 1-844-533-3030 ([LINK](#))
  - **Yukon Helpers Network** – A place to offer and ask for help in the Yukon ([LINK](#))
  - **Caremongering** -- Information, ideas and contact info for volunteer helpers. In French or English. ([LINK](#))
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# Memorial Donations Received

Donations have been made to Whitehorse United Church in memory of the following people:

**Jean and Gerald Talbot**

by Linda Talbot

**Val Boorse**

by the Boorse family

**Stewart Breithaupt**

**Rev. Fred & Nellie Lane**

by Jan Mann

**Janet Agnes Tack**

by Beth Roberts

**Bill & Gertie Saville Brazier**

by Bev Brazier

**Jim Winberg**

# Need help with technology?

If you are 55+ and interested in learning more about your smartphone, tablet or computer, or being online, or digital security, or just need someone to help you fix a problem, consider attending Yukon Learn's digital skills workshops. These are free. The workshops are done via Zoom and there is lots of help available with that if you are new to it. Some limited one-on-one 'help' sessions are available by appointment.

Questions? Contact Ted Ackerman at [ted.ackerman@yukonlearn.com](mailto:ted.ackerman@yukonlearn.com)

Seniors Outreach Computer Tutor Program



**FREE** to seniors 55 and up



Learn about:

Computers      Tablets      Smartphones  
Internet      Email      Social Media  
Digital Pictures      Zoom      ... and more!

Weekly online learning sessions – call 1.888.668.6280 to register.



**Tuesdays 1:30 to 3:30** Open lab.

Questions, answers & discussion on a wide range of topics, always interesting and lively.



**Thursdays 1:30 to 3:30** Instructor led workshops.

See the latest schedule for upcoming topics.

**AND ... by appointment:**

One-on-one help with computers, smartphones, internet ... just about anything technical.

*(Due to current COVID restrictions, one-on-one sessions must be held in a suitable public place, and with face masks, gloves and sanitization.)*



This project was supported by a grant from CIRA's Community Investment Program Presented in partnership with Elder Active Recreation Association



# Need to talk with someone? Struggling to cope?

**Hospice Yukon:** Offers many resources to help with losing a loved one, co-worker or pet:

- Living with Loss - A free, 2-hr education session to help you better understand the grieving experience.
- Counselling;
- Healing Touch;
- Grief Support Groups;
- Lending Library;
- Vigil Support in the final week to days of life;
- Professional Support.

All of these programs are offered free of charge. Staff are still available to help by e-mail and telephone. 409 Jarvis Street · Whitehorse, YT Y1A 2H4 · Canada Please call 867 667 7429 or email [info@hospiceyukon.net](mailto:info@hospiceyukon.net) for more info. <https://hospiceyukon.net/>

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## Here are some low/no cost Mental Health resources within the territory:

In-Person free- to low-cost resources

### Counseling

In Whitehorse:

Mental Wellness and Substance Use Services Sarah Steele Building – 609 Steele St.,  
Whitehorse: 1-866-456-3838

Canadian Mental Health Association – 209-1114 Front St, 668 6429

All Genders Yukon through *Ignite Counselling* - 3089 3rd Ave #1. Call 668-5498 for more information.

Hospice Yukon Society is a community-based not-for-profit organization that has been providing a range of *bereavement support* services to Yukoners. You can learn more about the programs and services that Hospice Yukon offers by visiting the website at [www.hospiceyukon.net](http://www.hospiceyukon.net), dropping by the office at 409 Jarvis Street Monday- Friday 11:30 am - 3:00 pm, or calling 867-667-7429. Confidential support is provided free of charge.

## **In the communities:**

Dawson City: Dawson City Community Hospital: 501 – 6<sup>th</sup> Avenue, Dawson City: 867-993-4300

There are also Mental Wellness hubs in Carmacks, Haines Junction, and Watson Lake. Please call 867-456-3838 or 1-866-456-3838 for more information.

## **(Gov)Employee Benefits (free to employees/ their families)**

YG Employees can access the Employee and Family Assistance Program at 1 867 668-EFAP (3327) or 1-800-667-0993. Included in the YG Employee and Family Assistance Program is an online resource centre with additional supports related to health and wellbeing, family and relationships, career and work. **Access these resources at:** [www.fseap.ca/resources](http://www.fseap.ca/resources).

City of Whitehorse Employees can access their Employee Assistance Program at [www.homewoodhealth.com](http://www.homewoodhealth.com), and by calling 1-800-663-1142 (English), 1 866-398-9505 (en français).

Government of Canada Employees can access the Federal Government Employee and Family Assistance Program (EFAP) available 24/7, free and confidential, 1-800-268-7708  
<https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html>

## **Online and Other Resources**

**Crisis Services Canada** • 24-hour, confidential and anonymous suicide prevention and support line. • 1-833-456-4566 • [www.crisisservicescanada.ca](http://www.crisisservicescanada.ca)

**Canadian Virtual Hospice** • Information and support on palliative and end-of-life care, loss and grief. • [www.mygrief.ca](http://www.mygrief.ca) or [www.kidsgrief.ca](http://www.kidsgrief.ca)

**Canadian Association for Suicide Prevention** • <https://suicideprevention.ca/> • <https://suicideprevention.ca/About-Suicide-and-Life-Promotion>

**Tao Tel Aide** • Nos lignes d'écoutes sont ouvertes 24 h sur 24 365 jours par année. Un service de confiance | 1-800-567-9699

**First Nations Hope for Wellness Help Line:** This is a specific resource for First Nations and Inuit to provide immediate, culturally competent telephone counselling, 24 hours a day, seven days a week and is available in English, French and upon request in Cree, Ojibway, and Inuktitut • Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at [hopeforwellness.ca](http://hopeforwellness.ca).

**Road to Mental Readiness App** (look for it in the App store or on Google Play) is a free mobile app developed by Department of National Defense to improve short-term performance and long-term mental health outcomes. <https://apps.apple.com/ca/app/r2mr/id1148743063>

## COVID-19 Related Information

### REGARDING PASTORAL VISITS IN THE HOSPITAL

If someone is in the hospital and wants to see a spiritual care giver, you have three options:

1. there will be a chaplain on call and you can ask the staff to put you in touch with that person (chaplains are simply local pastors and ministers and priests, including me, who take turns being on call a month at a time),
2. there are iPads available for use at the hospital and they can help you arrange a visit from me that way, or
3. for those in palliative care, it's possible for me to make an in person visit but the patient her/himself, or the family, has to add me to the list of those who are allowed to visit in person.

**“Virtual” health appointments** are now available. Thanks to COVID-19, Yukoners now can have a “virtual health appointment” with a doctor or optometrist using a computer with a “tele-medicine” program called Doxy. Anecdotal reports from seniors who have used the service have all been positive – perhaps this option will continue after self-isolation is no longer required? It will make life easier for people in the communities or with transportation challenges in town. You still need to make an appointment with your physician in the usual way. Don’t forget the 811 phone service is also available if you have a health question or concern.

### Reminder: COVID-19 information online

The one-stop-shop for information about COVID-19 in the Yukon – including government financial assistance programs – is at [yukon.ca/covid-19](http://yukon.ca/covid-19). For a handy table comparing the symptoms for COVID-19, influenza and a cold, click [HERE](#).

### Let’s Chat Yukon now operating

Stuck at home and wishing you had someone to speak with? April 15th marked the launch of Let’s Chat Yukon, a toll-free line you can call for enjoyable conversation with a fellow Yukoner. Just because you’re self-isolating doesn’t mean you’re alone. This is a free service run by volunteers. 1-877-321-1001